

SUPPORTING TRANS & QUEER PEOPLE: ACTIONS THAT WORK

PERSONAL

QUESTION THE GENDER BINARY



EXPECT TO FIND MAJOR DIVERSITY IN THE LGBTQ+ COMMUNITY



EXAMINE WHERE MESSAGES ABOUT TRANS + QUEER PEOPLE COME FROM



LEARN TRANS AND QUEER HISTORY

REGULARLY LEARN AND UPDATE YOUR TRANS AND QUEER VOCABULARY



INTERPERSONAL

INTERRUPT OPPRESSION



DONATE TIME + MONEY TO TRANS AND QUEER PEOPLE AND ORGANIZATIONS



GO TO FILMS, CONCERTS, AND SHOWS FEATURING TRANS + QUEER ARTISTS



SUPPORT ALL JUSTICE MOVEMENTS



ASK ELDERS ABOUT THEIR EXPERIENCES



INSTITUTIONAL

CREATE POLICIES PROTECTING QUEER + TRANS PEOPLE AT YOUR WORK OR SCHOOL



ENCOURAGE LEADERS TO SUPPORT TRANS + QUEER MOVEMENTS



WRITE A LETTER TO THE EDITOR SUPPORTING TRANS + QUEER ISSUES



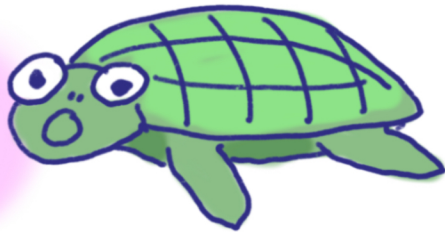
WORK TO ENSURE YOUR COMMUNITY, CITY, COUNTY, AND COUNTRY HAVE LAWS AGAINST LGBTQ+ DISCRIMINATION

JOIN LGBTQ+ ORGANIZATIONS!



ANTI-TRANS & ANTI-QUEER POLITICS: ENCOUNTERING STRESSORS & BUILDING RESILIENCE

FEELING SHOCKED AND
AFRAID OF THE DEPTH
OF DISCRIMINATION



STRESSORS



CONCRETE IMPACTS
ON OUR LIVES

DIVISIONS IN THE
LGBTQ+ COMMUNITY



HEARING LIES ABOUT US



PEOPLE WHO
MATTER TO US
NOT DEFENDING
OUR RIGHTS

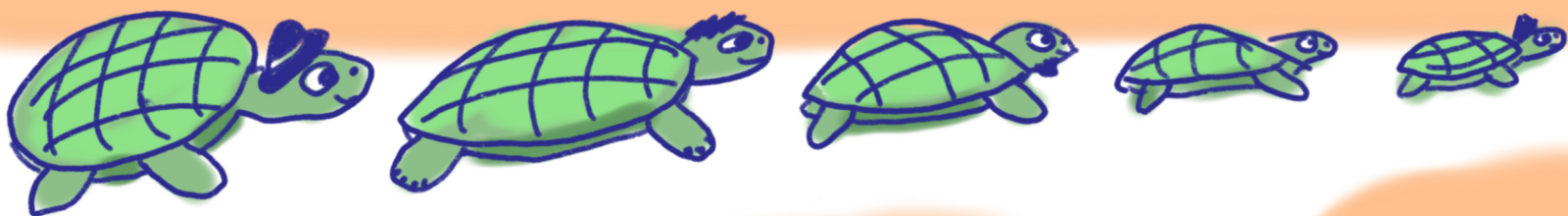


SELF-DOUBT AND
INTERNALIZED OPPRESSION



RESILIENCE

THIS IS ONE SMALL, POWERFUL PIECE OF A HUMAN RIGHTS MOVEMENT

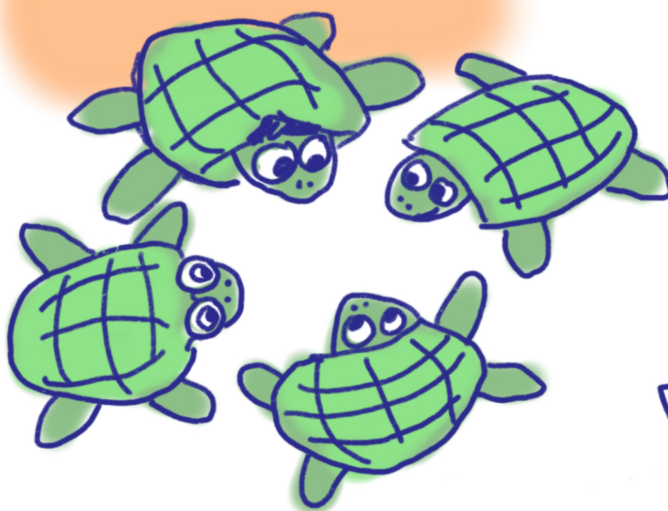


LEARNING



OUR HISTORY

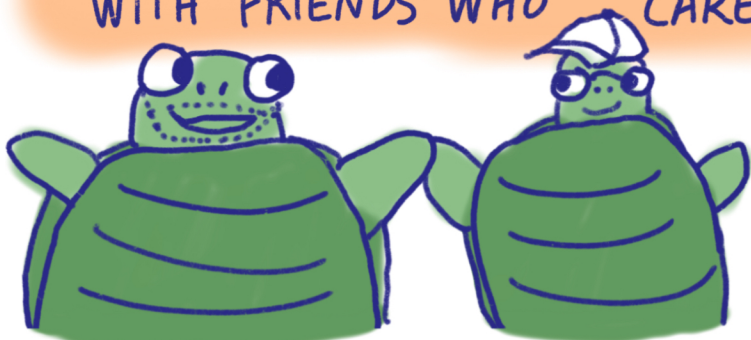
COMMUNITY



BEING ACTIVE!
POLITICAL WORK,
ART, QUEER ORGS,
OTHER RIGHTS
MOVEMENTS



CULTIVATING RELATIONSHIPS
WITH FRIENDS WHO CARE



SUPPORT + FRIENDS
TO HELP MOVE BEYOND
INTERNALIZED OPPRESSION

